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## TERMS AND CONDITIONS / WAIVER OF LIABILITY

I hereby exonerate on my own behalf and on behalf of my heirs and/or executors of any liability to Trail Runners El Salvador, sponsors and other collaborators in the organization of this event regarding any injury, disability, death, loss or damage to my person or property. I am aware of all the risks that this event implies and I declare that I will carry out the race at my own risk, waiving my rights to claim Trail Runners El Salvador and representatives of the event. I attest that I do not have a medical prescription that prevents me from participating and that I am in full physical and mental capacity, in addition to being medically fit and adequately trained to carry out the test. I authorize the organization to perform any evaluation or medical test that they deem appropriate before and during the event. Likewise, I authorize those mentioned to use my name, voice and photograph in any broadcast, publicity or report that is published of this event. I promise to comply with the biosafety standards and protocols established by the organization and to follow the general guidelines of respect for others and the environment.

I have read and fully understand the terms of the **LA CORDILLERA CHALLENGE 2024** event, for which I agree and freely and voluntarily accept this declaration.

\_\_\_\_\_  
Full name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature