LA CORDILLERA CHALLENGE 2026

ASSUMPTION OF RISKS, RELEASE OF LIABILITY AND INFORMED CONSENT

Applicable to LCC 130K and EXPERIENCE 80K | November 6–8, 2026

I, the undersigned, declare that I have read and understood the following and voluntarily agree to participate in the selected race category:

1. Nature and risks of the activity

I acknowledge that this is a multi-stage, long-distance trail running event held on natural and potentially remote terrain. I understand that there are foreseeable and unforeseeable risks, including falls, impacts, fractures, sprains, dehydration, exhaustion, hypothermia, hyperthermia, adverse weather, rising rivers, landslides, animals, vehicle traffic, becoming lost, evacuation difficulties, serious injury, permanent disability, and even death.

2. Health and preparedness

I declare that, to the best of my knowledge, my health and fitness are compatible with the demands of this event and that I will not withhold information relevant to my safety. I am responsible for consulting healthcare professionals beforehand when appropriate, knowing my limits, and not competing under the influence of alcohol or substances that could impair my safety.

3. Compliance with rules and safety decisions

I agree to comply with the race regulations, authorized routes, cutoff times, mandatory equipment requirements, staff instructions, course markings, checkpoints, and environmental rules. I accept that the organizers may stop my participation, alter routes, neutralize or suspend stages for safety reasons, weather, emergencies, or force majeure, without this automatically entitling me to compensation.

4. Emergency care and evacuation

I authorize assistance personnel and emergency services to provide first aid and arrange my transfer for medical care when necessary and when I am unable to express my wishes. I understand that availability and response times may be affected by terrain and access conditions. This authorization does not replace any medical consent required when I am able to provide it.

5. Assumption of risks and scope of release

I participate freely and voluntarily, assuming the risks inherent in this activity and the consequences of my own decisions or failure to comply with instructions. To the extent permitted by applicable law, I release Trail Runners El Salvador, the organizers, sponsors, collaborators, volunteers, and owners of the premises used from claims arising solely from those inherent risks. This document does not seek to exclude liabilities that cannot legally be waived, including those arising from intentional misconduct or gross negligence.

6. Personal belongings and environmental conduct

I am responsible for my personal belongings and equipment. I agree not to litter, to respect flora, fauna, local communities, and private property, and to promptly report any hazardous situation or my withdrawal from the race.

7. Use of image and personal data

I authorize the organizers to capture and use my image, voice, and name in photographs and videos related to event coverage, documentation, and promotion, without financial compensation. I understand that my identification, contact, and emergency information will be processed for registration, safety, and race operations, with access limited to those who need it for these purposes.

8. Acknowledgment and acceptance

I confirm that I have had the opportunity to read this document and request clarification, and that I sign it voluntarily. I acknowledge that this declaration supplements, and does not replace, the official race regulations.

PARTICIPANT INFORMATION AND SIGNATURE

Full name: _____ Category: ☐ LCC 130K ☐ EXP 80K

ID / Passport: _____ Phone: _____

Emergency contact: _____ Emergency phone: _____

Place and date: _____ Signature: _____

If a participant is under the age of 18, the specific procedures and authorization established by the organizers must apply.